



## Workout Gear Versa Gripps

If your training routine consists of lifting heavy dumbbells and bars, you may want to invest in a good set of grip assists. Lucky for you we have done all the research and found the number one workout gear for your hardcore training sessions. Versa Gripps are the top-of-the-line grip assist designed for superior strength, durability and are proven to endure the toughest of workouts. Strength trainers who demand a product that exceeds the limits of ordinary weightlifting hooks, workout gloves, and straps developed this product. Versa Gripps protect the hands like workout gloves. However, they outperform lifting straps because they stand up in front of the hand making pulling and pushing exercises easy and comfortable. Versa Gripps incorporate a unique stand up grip, which makes wrapping the grip around the bar easy with one hand, even over your head. The length of the grip portion is longer allowing more of the grip to be wrapped around the bar for a stronger hold and added security; resulting in optimum performance Versa Gripps provides excellent wrist support and is the most versatile fitness accessory on the market for men and women. In addition, Versa Gripps are hypo-allergenic so that anyone can use it; as well as anti-bacterial and anti-microbial so you don't have to worry about all the germs left behind from the previous sweaty person.



## Pre-workout Drink WheyUP

WheyUP is the ultimate pre-workout drink. And not only that, it is also a great source of protein. The revolutionary WheyUP is the ultimate fitness beverage because it combines 20 grams of high quality protein with an energy formula. It is guaranteed to get you mentally and physically ready for the most intense workouts you have ever experienced. This potent formula is designed to fuel your body with energy and essential muscle-building amino acids for the most powerful workouts you have ever pumped out. In addition, WheyUP contains only 90 calories, one gram of carbohydrates, zero grams of sugar, and zero grams of fat. And unlike other energy drinks, WheyUP is non-carbonated which makes it easier on the stomach during athletic activities. Whether your fitness goals are to pack on slabs of lean muscle or lean out and lose body fat this revolutionary pre-workout energy drink is your solution to superior workouts. WheyUP is a great choice for weight-loss programs, weight training programs, athletic activities, and as a part of a healthy active lifestyle. Fitness experts recommend consuming at least 20 grams of high quality whey protein prior to your workout for superior gains in size and strength. Whey protein is a natural, high-quality protein from cow's milk. It is a rich source of the essential amino acids needed by the human body on a daily basis. Amino acids are one of the most important elements for the maintenance of good health, increasing lean muscle mass, and accelerating your strength. Consuming amino acids before the workout allows your muscles to quickly recover and grow. WheyUP is the ultimate formula because it fuels your brain with energy and provides your body with highly bioavailable protein. With WheyUP, getting energized and adding healthy protein to your diet has never been easier. Therefore, every single workout is extreme and more intense than the previous one.



## Protein Powder Isobolic Protein Powder by Nutrabolics

Isobolic protein powder by Nutrabolics is the most superior form of protein. It is the most advanced protein nutrition for massive gains in lean muscle mass and strength. Isobolic is a revolutionary muscle mass generator that uses an Advanced Protein Matrix and the highest quality ingredients to trigger massive visible gains in muscle size and strength, while at the same time reducing body fat. Isobolic is the fastest acting advanced protein formula in existence that has been clinically proven to stimulate dramatic gains in muscle size and strength than ever before. Isobolic utilizes the most unique and potent muscle building formula that is unmatched by any other protein powder. It has revolutionized the science of muscle building with its patented Advanced Protein Matrix formula that contains 45 grams of physique-altering protein. The scientifically engineered protein matrix is composed of three protein isolate types: whey protein isolate, micellar casein, and egg-white protein isolate. Combined, these three protein isolates provide you with the most potent protein source to stimulate insane muscle growth and accelerated gains in strength faster than ever possible.

Combining fast acting and slow acting proteins at one time will help to slow down protein breakdown and the absorption rate of the amino acids, which is the perfect solution for anyone wanting to maintain a positive nitrogen balance in the body throughout the day. In addition, other superior ingredients in Isobolic, such as conjugated linoleic acid (CLA) and BromazymTM, keep you lean and help with proper digestion. Isobolic contains the most superior protein formula to trigger unmatched anabolism, ensure sustained protein release, maintain positive nitrogen balance, accelerate muscle recovery, and promote endless muscle growth. Isobolic Protein powder is the number one choice for accelerated muscle recovery, and superior gains in muscle size and strength.



## Meal Replacement Powder Muscle Milk by Cytosport

Muscle Milk is nature's ultimate lean muscle formula. This product is the number one meal replacement formula which has been designed to support increases in muscle mass and strength, but at the same time keep you lean and toned. This increased muscle growth is possible because Muscle Milk is the only product designed to be like nature's ultimate anabolic food – mother's milk. Locked within the composition of human mother's milk are long-held secrets to muscle growth potential, which have been duplicated in the Muscle Milk formula. Therefore, Muscle Milk helps you grow muscle like never before. With the addition of medium chain and long chain triglycerides, the Muscle Milk formula is designed to keep you strong and lean.

This meal replacement powder contains two scientifically engineered blends to help your muscle grow and increase the loss of body fat. The LeanLipids superior blend is used in Muscle Milk promote fat loss. It contains Medium Chain Triglycerides (MCTs), which are the predigested and are more likely burned for muscle energy and heat than stored as fat. The formula also contains long-chain polyunsaturated fatty acids, which promotes anti-inflammatory effects and enhanced mineral retention within the body. These fat sources in Muscle Milk are revolutionary because calories with engineered lipids taken before and during workouts promote leanness. It is thought that these calories are used for workout energy, with less deposited as fat. EvoPro, Nature's Ultimate Protein Amino Blend is the second cutting-edge blend in Muscle Milk, which is composed of unique and highly complex proteins, peptides and amino acids to promote rapid muscle tissue growth. Nature created this precise mix to stimulate muscle growth to higher levels and EvoPro is the ultimate nitrogen delivery source.

